

The Lockdown Logbook

17th June Special Edition

The Ultimate Post

Mood of the day: [When the music's over](#)

Since this is the last post, let me tell you a little secret. This song -like all the songs recorded by the Doors, actually - is one of your English teacher's favorites. I spent my teenage years lost in contemplation of that music, learning English with the poetic lyrics of Jim Morrison. This is one of the reasons why I love the English language.

I hope you'll enjoy!

Video: [Why do we dream?](#)

In the 3rd millennium BCE, Mesopotamian kings recorded and interpreted their dreams on wax tablets. In the years since, we haven't paused in our quest to understand why we dream. And while we still don't have any definitive answers, we have some theories. Amy Adkins reveals the top seven reasons why we might dream.



Articles

-[Why sleep should be every student's priority](#) (suggested by Claire S. from MP*)

Very important to read this now! Don't take it lightly; it is very sane and useful advice!

-[20 dreams from 2020](#) (by New York Times readers)

Dreams are at turns funny, frightening, enlightening and absurd. They are interesting — and yes, that includes yours. Everyone should talk about their dreams.

Exercise: translate the following **dream** quotes (and compare your answers with the original version on the next page)

« Chaque grand rêve commence par un rêveur. Rappelez-vous toujours que vous avez en vous la force, la patience et la passion d'atteindre les étoiles pour changer le monde. » **Harriet Tubman**

« Lancez vos rêves dans l'espace comme un cerf-volant, et vous ne savez pas ce qu'il rapportera : une nouvelle vie, un nouvel ami, un nouvel amour, un nouveau pays. » **Anaïs Nin**

« Un rêve que l'on fait seul n'est qu'un rêve ; un rêve que l'on fait à plusieurs devient réalité. » **John Lennon**

« Faisons notre avenir maintenant et concrétisons nos rêves de demain. » **Malala Yousafzai**

« Nous sommes de l'étoffe dont sont faits les rêves, et notre petite vie est entourée de sommeil. » **William Shakespeare, La Tempête.**

« Même en rêve, quelqu'un qui s' imagine qu'il me bat ferait mieux de se réveiller et de venir s'excuser. » **Mohammed Ali**

Original quotes

Every great dream begins with a dreamer. Always remember, you have within you the strength, the patience, and the passion to reach for the stars to change the world.

Harriet Tubman

Throw your dreams into space like a kite, and you do not know what it will bring back, a new life, a new friend, a new love, a new country.

Anais Nin

A dream you dream alone is only a dream. A dream you dream together is reality.

John Lennon

Let us make our future now, and let us make our dreams tomorrow's reality.

Malala Yousafzai

**We are such stuff
As dreams are made on; and our little life
Is rounded with a sleep.**

William Shakespeare, The Tempest (Act 4, scene 1)

“If you even dream of beating me you'd better wake up and apologize”.

Muhammad Ali